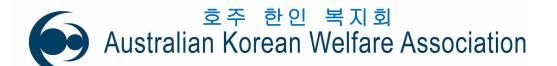
# **AKWA**

# **2014 Annual Report**







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#### **AKWA Mission Statement**

The Australian Korean Welfare Association aims to promote the welfare of the Korean community and to assist the integration of Korean migrants into the Australian community, thereby enabling them to enjoy a meaningful and dignified life. To achieve these general goals, the Association provides relevant information, assistance and services so they gain independence as member of society.

#### **Acknowledgements**

AKWA would like to acknowledge the support of the following organisations and individuals for their contribution to us.

Department of Social Service

Department of Immigration and Border Protection

Department of Family and Community Services

Department of Education and Community

Department of Health, Multicultural

NSW office of Fair Trading

Community Relations Commission

**NSW Police Service** 

Housing NSW

Centrelink

Strathfield Municipal Council

Canterbury City Council

**Burwood Council** 

Willoughby City Council

Hornsby Shire Council

Parramatta City Council

City of Ryde Council

Ashfield Council

City of Canada Bay Council

Auburn Municipal Council

Bankstown City Council

Sydney City Council

Volunteers of AKWA

Consulate General of the Republic of Korea

The Korean Society of Sydney

Australian Nursing Home Foundation

Windermere Nursing Home

Overseas Koreans Foundation

NSW Adult Migrant English Service

Navitas

Bankstown Community College

Harcourt Public School

Burwood Girls High School

Korean Australian Medical Society

Relationships Australia

Metro Migrant Resource Centre

Community Migrant Resource Centre

Canterbury Hurlstone Park RSL club

Burwood RSL club

Kims Realty

Sydney Full Gospel Church

The Tosung Korean Restaurant

Grace Culture Academy

E-Bone Academy of Culture & Art

UCC production

Christian Community Aid



#### Client Service Charter

#### **Our Mission**

Australian Korean Welfare Association (AKWA) aims to promote the welfare of Korean community and to assist the integration of Korean migrants into the Australian community thereby enabling them to enjoy a more meaningful and dignified life.

#### Our Areas of Service Programs

Australian Korean Welfare Association is an incorporated non-profit community organization. AKWA assists the members of the Korean community with their needs such as:

- Settlement Service Program for the newly arrived migrants
- Health Ageing Program for the elderly people and their carers
- Aged Day Care Centre in Burwood and Strathfield
- Community Development and Engagement programs
- Kindergarten transition program for pre-schoolers
- Social support groups
- English Document Help

#### **Our Services and Information Provisions**

Australian Korean Welfare Association provides the following services in relation to supporting the Korean Community by government grants and community donations:

- Consulting clients on telephone, face-to-face, and e-mail
- Providing information/educational sessions to the community
- Referring clients to government and community service providers
- Building community capacity
- Representing the Korean community to the mainstream society and diverse cultural communities
- Networking and partnership with stakeholders
- Liaising between service providers
- Training volunteers and students



Page 3 Client Service Charter

#### **Our Service Standards**

Our clients are our first priority. In providing these services we will ensure the following:

- Clients will be dealt with in a professional manner.
- Clients' information will be kept private and confidential
- Client service will be equitable and unbiased
- Clients' complaints will be handled with sensitivity.

#### You can help us by

- Making a booking for consultation and notifying any cancellation
- Treating AKWA staff with courtesy
- Participating actively in community events organised by AKWA
- Refraining from offering unjust gifts to AKWA staff
- Providing feedback on AKWA's services

#### Contact us

- Phone number (02) 9718 9589
  - (02) 9787 3330
- ♦ E-mail <u>info@koreanwelfare.org.au</u>
- Website www.koreanwelfare.org.au
- Postal Address PO Box 862 Campsie 2194
- Residential address
- Head Office 25 / 94 98 Beamish Street Campsie NSW 2194
- Strathfield Office 40–44 Augusta Street Strathfield South NSW 2136 (Strathfield Dutton Centre)
- Burwood Day Care (ANHF) 60 Weldon Street Burwood NSW 2134
- Social Support Group
   (Regent Park Community Centre)

  1 Amy Street Regents Park NSW 2143
- X-Zone Cultural Centre
  54 Joseph Street Lidcombe NSW 2141



### President's Annual Report 2013/2014

#### Message from the President

It is my pleasure to present to you the annual report of AKWA for the year ending 30 June 2014. Much has taken place in the last financial year to strengthen AKWA's profile and awareness in the Sydney Korean Community as well as the Australian Multicultural Society.

AKWA as a multi-service community organisation, has been making significant achievements and fruitful results. The various programs and projects undertaken over the past year have been well managed and have brought us extensive results. Since July 2013, the Board of Directors members, staff and AKWA volunteers have worked very hard to obtain functional results for the welfare of the Sydney Korean community. Without their hard work and devotional support, we would not have been able to achieve thus far.

During the last year, AKWA has been a pivot agent in helping Korean migrants to settle in the Australian multicultural society by implementing numerous projects and programs that benefited the Korean community. Especially as AKWA has reinforced the Korean elderly day care groups and social support groups. I would like to highlight AKWA's acquisition of the new project 'Korean Welfare Cultural Centre Opening' for the first time in the history of the organisation.

#### The Programs, Projects and Funding Highlights of 2013 to 2014

#### 1. Funding secured:

- Healthy Ageing Program funded by the Department of Social Service, until the financial of the selected period of 2012-2015.
- Various community grants were received from the NSW Government and the Local Government Community Relations Commission including Canterbury, Strathfield, Parramatta, Burwood, Ryde, Willoughby and Sydney City Council.
- Small grants were received from the Korean Government and overseas Korean Foundations.
- Generous donations were received through the AKWA fundraising night.

#### 2. Centre Based Day Care

The Aged Day Care Centre celebrates its 8th anniversary and continues to provide services for the elderly people with frailty and dementia every Thursday at the Strathfield Council provided the Dutton Centre and additionally every Tuesday in partnership with the Australian Nursing Home Foundation of Burwood.

3. Social Support groups assistance for the Korean elderly. This is a provision to gather and support the Korean elderly community through the appointment of social groupings and events. Various activities are run by AKWA such as painting, dancing, singing, English class and excursions.



- 4. AKWA Culture Centre has been open and running classes such as classical music in the morning and World history including Australian history every Monday.
- 5. Tosung Korean restaurant hosts a special lunch for the Korean elderly every first Monday of the month. Various programs and activities are involved on this day also.
- 6. Special lectures on topics such as Australian Welfare system, Australian Multiculturalism, Australian early history and funeral arrangements.
- 7. Community Information Seminars
  A variety of information special seminars have been executed by AKWA on topics such as Superannuation (ATO), NSW HSC information, Centrelink, health information, parenting skill, multicultural family, ANZAC tradition, etc.
- 8. Networking through various community events and workshops with the ATO. NSW Community Relations Commission, HACC, Ryde Council, Willoughby Council, Burwood City Council, Canterbury City Council, Strathfield Council, Ashfield Council, Parramatta City Council, Auburn City Council, Navitas Burwood College, Christian Community Aids, MRC, North Regional TAFE. etc.
- 9. Board of Directors meetings have been held on a monthly basis.
- 10. Staff meetings have been held every month.
- 11. The Annual Strategic Planning Day and Evaluation Day are held in September and October.
- 12. The Annual Special Dinners for the Korean elderly is collaboratively organised by the Sydney West Lions Club and Ebon Culture Academy and Arts.

#### Looking to the future...

Today I am so pleased to commence again that AKWA has been successfully registered as a PBI (Public Benevolent Institute) with ACNC (Australian Charities and Not for Profits Commission). The ATO has endorsed AKWA as a DGR Institute (Deductible Gift Recipient), providing FBT exemption for AKWA.

We will focus on and continue to endeavour to give high standards of service to the newly settled Korean migrants as well as strengthen our service within the area of aged care and our healthy ageing program.

In the long term, AKWA seeks to build a retirement village for Asian elderly people. AKWA, together a Korean development company and Kims Realty group, has already applied for a zone modification to use an aged care facility with Penrith City Council. AKWA and this partnership company have already revised the architect. This will lead to opportunities for AKWA in providing these services to the wider multicultural aged community. Furthermore as a President, I would like to share my ambitions in establishing an independent AKWA foundation for the purposes of catering for the elderly and also the younger generations within the multicultural community we live in.



#### Words of Appreciation and Thanks

Foremost, I would like to express my sincere thanks to my staff, volunteers, the members of the Board of Directors, DSS, DIBP, FACS, ATO, Fair Trading, CRC, NSW Police Service, and other government groups including Strathfield Council, Burwood Council, Canterbury City Council, Ryde City Council, Willoughby City Council, Sydney City Council, Auburn City Council, Parramatta City Council, Canada Bay Council. Also I appreciate to the Consulate-General of the Republic of Korea in Sydney, Australian Nursing Home Foundation, Christian Community Aid, Relationships Australia NSW, Korean Health Committee, TAFE Northern Sydney Institute, The Korean Society of Sydney, Navitas, CMRC, Metro MRC and the wider Korean community.

Further, I extend my special thanks to our great supporting members,the Hon. Craig Laundy MP, the Hon. Tony Burke MP, the Hon. John Alexander MP, the Hon. Phillip Ruddock MP, the Hon. Victor Dominello MP, the Hon. Linda Burney MP, the Hon. Charles Casuscelli MP and the last but not least, to the wider Sydney Korean community.

My board members and I return our thanks again to Mr. Keith Lee, OAM, former President of AKWA, for his ongoing commitment and devotedness to AKWA, as the longest committee member. We cannot imagine AKWA as it stands today without his many efforts and lifelong dedication.

I would like to give my personal thanks to Professor Sang Dae Han, Mi Ja Park, Chairman of Grace Culture Center and David Hyun Deok Pyo, Representative of X-Zone Recreation Centre for their ongoing support and service towards AKWA. I am very grateful for their encouragement and commitment shown towards AKWA in carrying out its services to the Australian Korean community.

Lastly, I would also like to express my utmost gratitude and willingness to continue serving in this role as the President of AKWA.

Thank you.

John Y. J. Lee JP

President of Australian Korean Welfare Association



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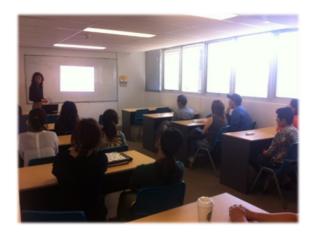
### **AKWA Settlement Grant Program (SGP)**

The Australian Korean Welfare Association (AKWA) Settlement Grants Program focuses on the financial and personal wellbeing of Sydney's Korean Community, their social participation and community connectedness. We assist Korean migrants who have arrived in the last five years by providing caseworks, referrals, promotion, and information sessions with different topics.

The objectives of AKWA Settlement Grants Program include:

- Providing information, casework and referral services so that they settle properly and become self-reliant and independent soon after their arrival through consultation with clients on telephone and face to face
- Increasing awareness and understanding of Australian values, systems, laws, norms, customs and culture that may be different from those of Korea
- Developing networks and maintaining close relationship with mainstream service providers for mutually effective service delivery
- Carrying out various community projects enabling Korean migrants to become involved in in their residing communities and meet people from culturally and linguistically diverse(CALD) backgrounds
- 1. Activity AKWA Settlement Services Information Session and Caseworks at NAVITAS English College for Adult Migrant English Program (AMEP)

AKWA held Settlement Services Promotion and Information Session on 12<sup>th</sup> and 13<sup>th</sup> November, 2013 at NAVITAS Campsie College and NAVITAS Burwood College for Korean clients who recently arrived and are using AMEP (Adult Migrant English Program). The participants were able to understand how to use AKWA Settlement Services and to improve the knowledge and understanding of mainstream services in Australia. AKWA continually provides AKWA Settlement Service Info Session and caseworks to the eligible clients at Navitas Burwood College.





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#### 2. Activity - Careers Night for the Youths

AKWA held Careers Night for the Youths at Strathfield Town Hall in partnership with Korean Australian Medical Society (KAMS), Korean Australian Young (KAY) Leaders and Korean Australian Lawyers Association (KALA) on 28<sup>th</sup> November, 2013. The guest speakers from a broad range of professionals such as medical, accounting, research, law, and social work delivered presentations on their career and advice for young participants.





#### 3. Activity - AKWA Volunteer Training Workshops 2013-2014

AKWA held Volunteer Training Workshops on 18<sup>th</sup> November, 2013 and 26<sup>th</sup> May, 2014 at Campsie office. The workshop provided the introduction about volunteering which includes the definition of volunteering, rights & responsibility, how to get involved, insurance and confidentiality to the participants who are interested in working as a volunteer in the community.





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#### 4. Activity - Centrelink Age Pension Seminar

AKWA held a Centrelink Age Pension Seminar at Parramatta Library on 25th February, 2014 in partnership with Parramatta City Library and Centrelink. The guest speaker from Centrelink delivered updated information about Age Pension which includes age and residency, income and assets tests, how payment is calculated, concession card, other services, and user's rights and obligations.





#### 5. Activity - Community Expo 2014

AKWA participated in Community Info Expo 2014 held in Eastwood in partnership with City of Ryde and different community organizations such as CMRC, Relationships Australia, CCA, and etc. The participants celebrated the interculturalism and found the cultural resources and information. AKWA promoted Settlement Services, Day Care and Healthy Ageing Service Program to the visitors in the multicultural community.





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#### 6. Activity - May Fair 2014

AKWA had a stall in the 2014 May Fair held in Strathfield, providing settlement information, and receiving books for casework and promoting AKWA services. Hundreds of visitors stopped over during the event and found the Fair useful. AKWA used it to raise awareness of its services and promote its casework. At the same time, such events opened new networking opportunities with other stall holders from the local service providers.





#### 7. Activity - 2014 Korean Health Forum

AKWA as a member of Korean Health Committee participated to run 2014 Korean Health Forum 'Diabetes and Women's' Health on 29th March, 2014 in Eastwood.

This forum was organized by KAMS (Korean Australian Medical Society) and Korean Health Committee which includes KAMS (Korean Australian Medical Society), KNAA (Korean Nurse Association Australia), Multicultural HIV and Hepatitis Service, Multicultural Health Service, Relationships Australia, and AKWA. There were a number of clients who attended the forum and gained the useful information about diabetes and healthy diet.





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#### 8. Activity - Centrelink Employment Services Seminar

AKWA held Centrelink Employment Services Seminar at Parramatta Library on 1<sup>st</sup> April, 2014 in partnership with Parramatta City Library and Centrelink. The guest speaker from Centrelink delivered information about Employment services including payments and services, users' rights and obligations, concession and other services.





#### 9. Activity - Achieving School Success Seminar for Korean Parents

AKWA held four Korean sessions of School Information and Parenting for parents, grandparents and caregivers who have primary school children from 3<sup>rd</sup> March, 2014 to 24<sup>th</sup> March, 2014 at Burwood Woodstock Community Centre. AKWA organized the sessions in partnership with Metro MRC, Ashfield Council, Burwood Council, Strathfield Council, Child Abuse Prevention Services, Relationship Australia, CASS, and Department of Families and Communities. The speaker from Department of Education and Communities delivered information about NSW school and education system, how to support children at school and home, how to prepare children for school, and parenting skills.





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#### 10. Activity - Superannuation Seminar

AKWA held Superannuation Information Seminar in partnership with ATO (Australian Taxation Office) on 30<sup>th</sup> May, 2014 in Lidcombe. The guest speaker form ATO delivered the information about Superannuation details such as concessional contributions, super guarantee, salary sacrifice, and self-employed super contributions for both employees and employer. There were over 30 participants who attended the seminar and asked the guestions about Superannuation details.





#### 11. Activity - Centrelink Information Session

AKWA held Centrelink Information Session at Eastwood Community Hall in partnership with CCA (Christian Community Aid) and Department of Human Services. The speaker from Department of Human Services delivered the recent changes of Centrelink payments, services, and customer's rights & obligations in Korean, Chinese and Farsi language. There were 45 Korean clients among 65 clients who attended the seminar and were provided with the recent updates about Centrelink payments.









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# The Goose-mother Project (Parenting and Education Seminar in Burwood)



The Parenting and Education Seminar was held in Burwood from 6<sup>th</sup> May 2014 to 24<sup>th</sup> June 2014 on every Tuesday, with a total of eight sessions focusing on parenting, education, the Australian school system, preparing for the HSC, and the prevention of crime. Since AKWA has a partnership with the Burwood police, Burwood girls' high school and the Department of Education, there were opportunities to hear from professionals. The participants were very satisfied and so the seminar was successful.







#### **Anzac Day**

AKWA provided Anzac Traditional Speech Program on 27<sup>th</sup> of April 2014 at Sydney Fully Gospel Church. There were more than 60 Korean youth participants for this speech, Paul Kim was the guest speaker (Staff, Greg Smith MP), and it was fully sponsored by Community Relations Commission NSW and Sydney Full Gospel Church. End of this speech, the participants shared Anzac cookies that were prepared by AKWA.





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# East meet West project (Happy Family in inter-ethnic relations in Ryde)



For the couples and families in inter-ethnic relationship, "East Meet West" project was open with discussing topics about interpersonal communication, anger management, bilingual children, advantages of inter-ethnic relationship, and positive parenting in. Couples, families with young children, and grandparents participated and the Korean women's community shared information through social media. AKWA's effort to support unfocused groups were praised by guest speakers.





There were support from other organizations. Strathfield council supported for Little Learners program, Ryde Council supported for Wheat Saturday school and Korean Consulate General of the Republic of Korea supported community settlement program. Australian Korean Welfare Association will continue to serve for the Korean Community on the basis of the supporters' contribution.

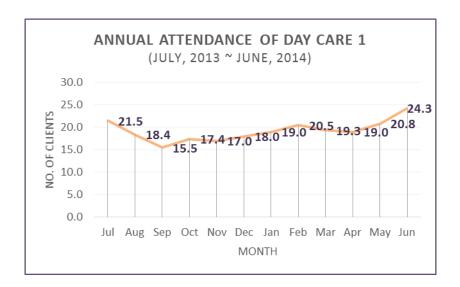


Walk for Respect at Lakemba

### **Aged Day Care 1 Report**

The aim of AKWA Aged Day care is to maintain and enhance a person's independence and support them to continue living at home for as long as possible. We provide support that focuses on the needs of each client and reflects their individual physical, social, emotional, cultural and spiritual needs every Thursday at The Dutton Centre. The Day Care Centre receives funding from the Commonwealth Department of Social Services to operate the respective services.

There are 20 registered clients and average of attendants is 19 clients per day. The average age of clients is 86 years old and the age of them range is from 78 to 96 years old.



The number of attendance is starting to increase month by month from February of 2014 and the average attendance became to bigger than the number of registered clients, 20 from May of 2014.

AKWA Aged Day Care services are available in the local government areas of Canterbury, Strathfield and Marrickville.

The main services of Aged Day Care are:

- Transport to & from the centre
- Outdoor/Indoor activities: gentle exercises, dancing, game, crafting, drawing and painting, memory game such as Sudoku, and bingo game.
- Regular Outings : at least once a month
- Korean style Meal
- Information Sessions



#### **Activities**

To prevent dementia and to help enjoy the high quality of life, we are trying to prepare various activities for clients. These activities promote social interaction and also help them to maintain independent living without isolation.



Crafting: Making Korean traditional drums



Game: Playing Bean bag 12 pin

#### <u>Outing</u>

Special session in a new environment to refresh their normal life and to make special moments together. During the Outing, we are always at closed observation about the safety of the clients with our workers and volunteers to help clients could enjoy their own time, safely.





Excursion: Playing ball game and taking photos at Blaxland Riverside Park (17/4/2014)

#### **Staffs and Volunteers**

There are two groups that staff the centre namely two casual workers and eight volunteers. The volunteers have important roles in the kitchen assisting to prepare meals and cleaning up duties. They also care for our clients and supervise the planned activities. Our staff and volunteers are essential in maintaining and managing our Day Care Centre Services.



#### **Information sessions**

We provide many helpful sessions held by Government Departments and Medical Professionals. Our clients are given information on relevant government issues particularly relating to Centrelink and Health Care providers and services.





Health Info Session on Fall Prevention by Herbal Medicine (4weeks)

Centrelink information session

#### **Others**

- 1. Quality Review on site visit was taken by Quality Review Team of Department of Social Services during on 29<sup>th</sup> October 2013.
- 2. The venue moved to The Dutton Centre from Strathfield Community Centre on 21<sup>st</sup> March 2014.
- 3. Food Handling Inspection was done by Strathfield Council on 20<sup>th</sup> May 2014 and Coordinator got a Food Handling Certificate III. We have managed to supply safety and quality food.
- 4. Casual chef with kitchen hands has been hired from 27<sup>th</sup> March 2014. Therefore, the kitchen with volunteers is operating well.
- 5. Educational activities are improved by diverse activities and equipment on 5<sup>th</sup> May 2014.
- 6. Report Minimum Data Set (MDS) quarterly (January, April, July, October).
- 7. Assessment of clients for feedback on 29<sup>th</sup> May 2014.
- 8. 4 times of outing including excursion (8/10/13, 18/3/14, 8/5/14, 17/6/14).

### Looking to the Future

Today, total number of our clients is 20 and the average attendance is 25 per session including visitors, we have to think about better conditions to attract more clients than now, such as the venue for the session, and the number of volunteers.



### **Aged Day Care 2 Report**

Aged Day Care 2 in partnership with Australian Nursing Home Foundation (ANHF) of Burwood commenced on October 2009. The aim of this project is to prevent dementia through group and individual activities and promote social interaction and to maintain independent living without isolation.

The services are available in the local government areas of Canterbury, Strathfield, Burwood and Marrickville.

There are 14 registered clients and average of attendance is 10 clients per session day. We have to increase rate of attendants over 12 clients per session day by funding agreement. The average age of attendance is 86 years old and the range age of attendance is from 73 to 96 years old.

Generally, activities of Day Care 2 promote social interaction and also help them to maintain independent living without isolation. To prevent dementia and to help enjoy the healthy and quality life, we are trying to prepare various activities for clients such as gentle exercise, memory game, crafting, outing, and Korean traditional games. In addition, we provide various helpful information session by government and herbal medical centre to inform about government issues, information related with centrelink and health care and health care services.



Crafting: Mosaic for finger movement



Game: Playing animal bowling

#### **Others**

- Report Quarterly Minimum Data Set (MDS) to SO-WAI Centre (January, April, July, October).
- Assessment of clients for feedback on 27<sup>th</sup> May 2014.
- ♦ 4 times of Outing including excursion (8/10/2013, 18/3/2014, 8/5/2014, 17/6/2014).
- ♦ Watched Premier's GALA Concert at Sydney Entertainment Centre on 18<sup>th</sup> March 2014.



Health Info Session: Fall Prevention by Herbal Medicine (4 weeks)



Gentle exercise with Shera Band

### Looking to the Future

We urgently require a Day Care Shuttle Bus to pick up our clients A Shuttle Bus would enable our staff to pick up our clients more effectively and safely to bring them to our centre. Also a Shuttle Bus would increase use of our centre to more Korean elderly clients.



Page 20 HAP Report

# Australian Korean Welfare Healthy Ageing Service Program (HAP)

The aim of the Australian Korean Welfare Healthy Ageing Service Program (HAP) is to strengthen the capacity of the health and aged care sectors to deliver high quality aged care, and to promote healthy ageing and facilitate access by Korean elderly and their cares for significant aged care needs to aged care information and services.

The HAP commenced its project on the 1<sup>st</sup> July 2012 under Aged Care Service Improvement Healthy Ageing Grants (ACSIHAG) fund which is established by the Commonwealth Department of Social Services. The project is funded to be continued till the 30<sup>th</sup> June 2015.

The target regions of HAP are:

- Sydney Inner West (Burwood, Canterbury, Strathfield LGAs)
- Northern Sydney (Hornsby, Ryde LGAs)
- South West Sydney (Bankstown LGAs) and/or Sydney Eastern Suburbs.
- Western Sydney (Auburn, Baulkham Hills, Parramatta LGAs)

The objectives and outcomes of the HAP are to:

- Help older people, their families and carers from the Korean community to make informed decisions about aged care support services and give them increased access to culturally appropriate care;
- Work with the Home and Community Care (HACC) Program funded Multicultural Access Project (MAP) workers to ensure that their services are known and accessible to older people and their carers from the target community;
- Provide support to mainstream aged care respite and community care providers for the provision of culturally and linguistically appropriate care to clients, their families and carers from the target communities;
- Assist carers in maintaining their caring role for Korean older people by giving them access to relevant aged care information and resources on aged care services and ageing issues.

The main activities of the HAP are:

- Information session on aged care services
- Cultural briefing
- Stakeholder engagement
- Resource development and dissemination



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**Information Session:** Seven information sessions were conducted with total of 229 participants targeting the whole HAP targeted regions with aim to help elderly Koreans and their families and carers understand how Australian aged care system works, what options and services are available to them depending on the level of care that they need and how to access these services.

With aim to enhance the community awareness of aged care services, nine representatives from aged care service providing organizations involved in delivering information on ACAT(Aged Care Assessment Team) services, HACC (Home and Community Care) services, TIS (Translating and Interpreting Service) services. Besides, two MAP (Multicultural Access Project) workers and a Community Development Worker from Auburn City Council presented and introduced local support services available.





[Information session held at Regents Park Community Centre on the 22<sup>nd</sup> November 2013 targeting Korean older people and cares in the Western Sydney(left) and information session held at West Ryde Community Hall on the 29<sup>th</sup> January 2014 targeting Korean older people and carers in the Northern Sydney (right)]





[Information session held at Strathfield Library on the 27<sup>th</sup> March 2014 targeting Korean older people and carers in the Inner West Sydney(left) and information session held at Russian Club on the 31<sup>st</sup> May 2014 targeting Korean older people and carers in the Sydney (right)

Page 22 HAP Report

**Cultural Awareness Workshop / Cultural Briefing Sessions**: Three sessions were attended by 91 (in total) staff and workers of aged care services covering HAP targeted regions. The purpose of the workshop sessions is to equip them with Korean cultural information and tips on providing Koran clients with culturally and linguistically appropriate care services.







[Cultural briefing held at the Spanish Community Centre on the 30<sup>th</sup> June 2014 targeting the aged care service providing organization in Western Sydney]

**HAP Networking:** Through the series of PICAT NSW & ACT ACSIHAG (CALD Focus) Network Meeting, established the Healthy Ageing Network and the efficiency of the HAP project worker's role has been emphasized common barriers/challenges against CALD (Culturally and Linguistically Diverse) communities in HAP target regions.

**Stakeholder Engagement:** Main activities conducted and community events participated with stakeholders are:

- Sustainable partnership with the Auburn council for supporting older Koreans in Auburn LGA through a number of new projects in 2013-2014, including Carers Week 2013 and Auburn City Ageing Strategy Forum. The council also provides weekly access for AKWA to the Regents Park Community Centre for delivery of AKWA's successful Healthy ageing service program.
- Production of HACC DVD in Korean with Auburn Council: Organizing 12 times (in total) of meetings, interviews and filming from November 2013 to July 2014; featuring a local GP, a HACC worker, a community services worker, seniors, families and Carers who speak Korean at home. The outcome will be available by the end of this year.
- Bankstown Area Multicultural Network (BAMN) HACC DVD "Getting the right help": HAP involved in the DVD processing by participating in Koran language dubbing. Published in February 2014.

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[HACC DVD Filming at Regents Park Community Centre on 14<sup>th</sup> March 2014 (left) and Carers Week 2013 event "A Guide to Caring" at Auburn Centre for Community on 15<sup>th</sup> October 2013 (right)]

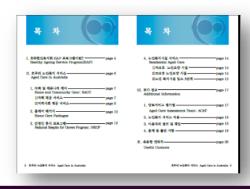
**Promotion of HAP Services:** HAP brochures in both Korean and English were modified and widely disseminated to the Korean community, aged care service providers and stakeholders. HAP promoted the Australian aged care service and its system and Translating and Interpreting Services (TIS) to the Korean community via columns and articles on Korean Newspapers.





Resource Development: A booklet "Aged Care in Australia" has been published with aim to help older Korean people, their families and carers make informed decisions about aged care support services. It contains information on HACC services, Home care package, Residential care and Respite care. The "Aged Care in Australia" also introduces the new aged care system "My Aged Care" to the Korean Community and provides useful contact details for older Korean people including Korean specific aged care facility's details.





Page 24 HAP Report

**Social Support Group Auburn:** Regents Park Korean Seniors Support Group meets regularly at Regents Park Community Centre and had 23 meetings in 2013-2014. The group is now arranged to meet every week on Wednesdays, instead of meeting twice per month, since there has been increased number of requests for running a weekly meetings. The celebration for the success of the weekly gathering of the group was held on 2<sup>nd</sup> July 2014 with a congratulatory speech from the mayor of the Auburn Council.

Targeting older Koreans residing in Auburn LGA, HAP aims to ensure of active and healthy ageing of the local Korean seniors by providing various social activities including light exercises, health related programs, information sessions and outings. The ultimate goal of running the group meeting is to identify the isolated and lonely and motivate them to participate in socializing within the community.





[Celebration for the success of the weekly gathering of Regents Park Korean Seniors Group held on 2<sup>nd</sup> July 2014 at Regents Park Community Centre]





[Regents Park Korean Seniors Support Group: Outing to the Blaxland Riverside Park held on 24<sup>th</sup> April 2014 (left) and 34<sup>th</sup> group meeting held on the 9<sup>th</sup> July 2014 (right)]

Page 25 BOARD of Directors

## **BOARD of Directors**

Position	Name
President	Mr. John Lee
Secretary	Ms. Helena Lee
Treasurer	Mr. Jonson Yoo
Director	Ms. Jennifer Lim
Director	Mr. Sukil Yi
Director	Mr. Hyun Sang Rho
Director	Mr. Richard Chang
Director	Mr. Jason Choi
Director	Mr. Han Young Ko
Director	Mr. Daniel Moon
Special appointed Director	Mr. Keith Lee
Special appointed Director	Mr. Paul Kim
Special appointed Director	Mr. David Pyo
Special appointed Director	Mr. Jin Yeon Jung

#### **How to contact AKWA**

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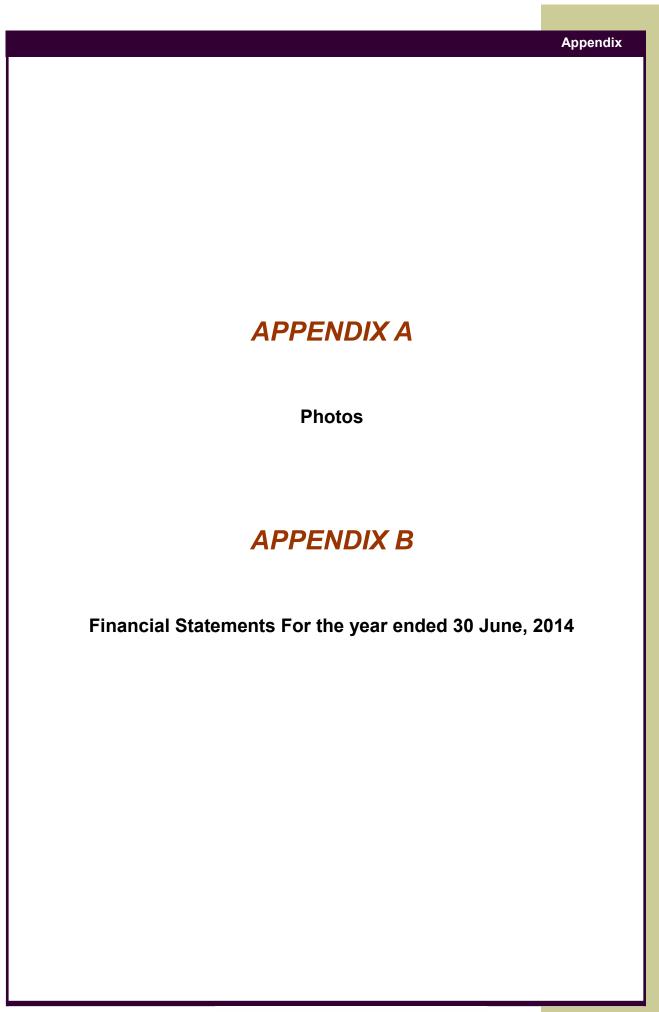
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Page 26 **AKWA Structure AKWA Structure** 2014 President **Board of Directors** John Y Lee Manager Heidi Yoon **Financial Manager** San Wha Hur Legal Advisor: SGP HAP DAY 1 DAY 2 David Geddes Ph.D (Lawyer) Administration Advisor: Keith Lee PC PW PWJoanne Ham AKWA Office Finance & Sarah Chang Jinny Chung Maintenance Committee Kil Im Cho John Lee Clara Han Keith Lee JinYeon Jung Sung Reol Ma Helena Lee Nam In Koo David Pyo Hyun Hee Shin (Cook) **Volunteers** SGP: Kyu Shik Lim, Chang Shick Kim, Yuni Lee, Hye Young Eun, Ghab Sik Kim, HAP: Healthy Aging Program Kelly Choi Day 1: Day Care 1 Day 2: Day Care 2 DAY CARE: Chea Oh Park, Miae Lee, Sang Hwa Choi, Julie Yong, Chul Gyu Kim, PC: Program Coordinator Myong Ok Lim, Hanna Park, Hannah Kim, Hong Bun Lee, Gina Park, Angela Pak PW: Program Worker PA: Program Assistant HAP: Soon Weon Park, Jung Man Song, Eun Young Jung, Jong Won Ko, Misun Yu, Yeon Hoa Lee, Eunha Song, Young Hoan Son, Ga-yeon Na, ChanMi Kim, Terrence Choi, Lorraine Choi



# APPENDIX A

## **AKWA Fundraising Day**





**HSC Preparation Seminar** 



# **Daycare Outing**





# **Volunteer Workshop**



# Visit of Mr Craig Laundy MP







## Visit of welfare workers from Kwangju Korea



#### **Korean Health Forum**



# Parents' Day celebration at Tosung Korean Restaurant



